



Bean Bag Games

Equipment: bean bags, masking tape, bucket

Balance the Bean Bag

Balance a bean bag on the head while walking along a line marked out on the ground. For more of a challenge, walk around obstacles or touch an object on the floor along the way while keeping the bean bag on their heads.

Helping Game

Put a bean bag on each child's head. If a bean bag falls off someone's head, that child must freeze until another child picks up the dropped bean bag and places it back on the first person's head. If the helper's bean bag drops, the helper becomes frozen too, and someone else has to come to their aid.

Relay Race

Stand in a line, one child behind the other. Put a pile of bean bags in the front and the bucket at the back. The child in front grabs a bean bag and passes it overhead to the child behind and so on, until the last child pops it in the bucket, and then runs to the front to repeat the relay.

Crab-Walk

Try a crab-walk with a beanbag on the tummy or a leopard-crawl with a beanbag on the back.

"Bubble Gum" Rhyme

Pass the bean bag to this rhyme: "Bubble gum, bubble gum in a dish. How many pieces do you wish?" Whoever is holding the beanbag at the end of the rhyme gets to say how many pieces and then you keep passing while counting that many times. Start the rhyme over again.

Bean Bag Catch

Give one child the bucket. Let the other child toss the bean bag. They need to work together as a team to try and catch as many as they can.

Shufflebag

Use the tape to mark areas to score points. Give each player three bean bags to slide down the court to score points.

Bean Bag Hopscotch

Make a hopscotch board with masking tape.

Bean Bag Tic-Tac-Toe

Make a tic-tac-toe board with masking tape.